

NIMNIGHT FITNESS CENTER POLICIES



The Nimnicht Fitness Center is located in the Davis Student Commons and features cardio machines, weight lifting equipment, and Group Fitness classes.

THE NIMNIGHT FITNESS CENTER IS OPEN 7 DAYS A WEEK

MONDAY THROUGH FRIDAY
6:30AM – 10PM

SATURDAY AND SUNDAY
10AM – 8PM

BY ENTERING THE NIMNIGHT FITNESS CENTER YOU AGREE TO ABIDE BY THE FOLLOWING POLICIES:

- JU ID card is required for entry into fitness center
- Wear proper exercise attire (shirts and closed-toe shoes required)
- No food or beverage (except water)
- No personal items should be placed on the gym floor while working out
- Wipe off all equipment before and after use (sanitizing wipes are located throughout the facility)
- Do not drop or slam weights on platforms, floor or machines
- Return equipment and rack weights when finished
- Personal music devices are permitted with use of headphones
- Profanity, offensive or suggestive language, grunting or loud noises will not be tolerated
- Dispose of your trash and clean up after yourself
- Facility staff is not responsible for lost or stolen items
- Restrooms and locker rooms are available .
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PLEASE OBSERVE AND RESPECT ALL POLICIES

Fitness Center staff have the right to remove any individual who violates a policy or exhibits unacceptable behavior or unsportsmanlike conduct.



FOR QUESTIONS OR ACCOMMODATIONS, PLEASE
CONTACT **BAMBI BRUNDAGE** at BCARSON@JU.EDU

